

Moving Checklist



Congratulations on your new home! This checklist will help you transition into your new space and community. Visit [AskRachelCheng.com/Resources](https://www.AskRachelCheng.com/Resources) for vendor contact information.

PREP IN ADVANCE (6-8 WEEKS BEFORE)

Logistics

- set a moving budget
- choose a moving company
- book movers and truck (if needed)
- schedule moving day off work (and for helpers, if applicable)

Purge and Pack

- declutter ruthlessly (donate, sell)
- gather packing supplies (boxes, tape, labels)
- research packing hacks for efficiency
- start packing non-essentials in labeled boxes (room by room)

New Place

- research your new neighborhood
- Measure doorways and furniture for fit at the new place
- reserve elevator, loading dock time

PACK AN OVERNIGHT BAG (DAY BEFORE)

Essentials for Your First Night

- pajamas & change of clothes
- toiletries & medications
- phone charger & power bank
- snacks & drinks
- paper towels & toilet paper

LABEL AN OPEN FIRST BOX (DAY BEFORE)

Essential Unpacking Items

- trash bags & cleaning supplies
- tools (screwdriver, multi-tool)
- flashlight & lamps
- bottled water & snacks
- medications
- dishes, utensils & paper plates
- bedding (sheets, blanket, pillow)

MOVING DAY

Preparation

- have cash on hand for moving crew tips and unexpected costs
- clear walkways and driveways for movers' access
- disassemble furniture (if not done by movers)

Oversee the Move

- double check inventory list
- direct movers where to place boxes in your new home

Settling In

- make sure all utilities are turned on
- unpack your labeled "Open First" box and overnight bag
- set up the kitchen and bedrooms first for immediate comfort

Any questions? Ask Rachel Cheng.

(703) 457-7832 | Rachel@AskRachelCheng.com | [AskRachelCheng.com](https://www.AskRachelCheng.com)